



FCSD #2 Student Illness and Exposure Protocol

08/19/2023

Guidelines from the Wyoming Department of Health, the CDC, and local Public Health, along with guidance from the Wyoming Department of Education will be adhered to.

Please report all positive COVID tests to Anna Hinkle, the district school nurse.

The following symptoms are not all-inclusive but are indicative of potential illness:

PLEASE DO NOT SEND THEM TO SCHOOL!

- Fever (100 or higher) or feeling feverish
- Repeated chills
- A new or worsening cough
- New or worsening shortness of breath or difficulty breathing
- New or worsening fatigue
- New or worsening muscle or body aches
- New or worsening headache
- New loss of taste or smell
- Sore throat
- New congestion or runny nose
- New abdominal pain
- Diarrhea - repeated loose or watery stools
- Vomiting - if the episode is unrelated to a single event such as gagging, positioning, mucus, running after eating, or eating spicy foods. If the event is unwitnessed at school, the nurse may use their discretion based on student health assessment.

Isolation

1. Students who have tested positive for COVID-19 need to remain home from school until they meet all of the following criteria:
 - a. The student has not had a fever (without the use of fever-reducing medication) for at least 24 hours
 - b. Other symptoms are improving
 - c. It has been 5 days since the symptoms started or 5 days from the date of the positive test.
 - d. Individuals with a positive test should continue to wear a mask 5 days after returning to school.

Per CDC recommendations (Aug 11, 2022), those with known or suspected exposure should mask for 10 days from their last exposure, regardless of vaccination status.

When the district is made aware of a positive test result, we will notify those who may have been exposed.



Other health condition considerations to keep students home from school, or for students to be sent home from school:

Asthma: Symptoms that do not respond to prescribed medication, if no prescribed medication is available for the treatment of asthma symptoms.

Diabetes: Each diabetic has an individualized plan of care. The school nurse and parent(s)/guardian(s), will meet to ensure appropriate action is in place for the student.

Considerations for sending a diabetic student home: A blood glucose of greater than 300 that does not respond to treatment, inadequate supplies to treat diabetes at school, blood glucose less than 60 that does not respond to treatment, or accompanying low blood glucose symptoms such as feeling weak, hungry, trembling and feeling shaky, sweating, pounding heart, pale skin, or feeling frightened or anxious.

Please inform the school nurse if a treatment plan change has been advised.

Head lice: Students will be sent home if *live* lice are identified. Students may return after treatment has been initiated.

Localized rash: A new rash/skin change of undetermined origin is a sign of potential illness. **Please contact your healthcare provider for care and medical clearance to return to school.**

Pink eye or purulent conjunctivitis: Defined as pink or red conjunctiva with white or yellow eye drainage. The student will be sent home to seek medical clearance to return to school (no pink eye diagnosis). The school nurse will notify the parent based on the nursing assessment. This is to prevent the rapid spread to the entire class. The student may return 24 hours after the treatment has started.

When students may return to school:

FEVERS: Keep your child home until they have been fever-free, WITHOUT fever-reducing medication, for **24 hours**. Returning to school too soon may slow your child's recovery and make others sick as well. If your child needs medication to feel better to attend school, please keep them home.

VOMITING OR DIARRHEA: Keep your child home for 24 hours after the **LAST** time they vomited or had diarrhea. If your child needs medication to control these symptoms, please keep them home!

ANTIBIOTICS: Keep your child home for 24 hours after the FIRST dose of antibiotics and per your healthcare provider's instructions. If your child started antibiotics but still has FEVER or further symptoms, or is still not feeling well in general, please keep them home. They will not be productive at school and can still be contagious to others.

HEAD LICE: Students may return to school once treatment has been initiated.

******In a student medical emergency, school personnel will call 911, and the student may be transported to a medical facility via ambulance.*****

Please help us keep students and staff at Fremont County School District #2 safe by following these guidelines.

Thank you!
Anna M Hinkle
FCSD #2 Nurse
455-5511