

NOVEMBER 2025

DUBOIS K-12

Breakfast Served Daily
7:40-8:00 am

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Cheddar Omelet
Vanilla Yogurt

Lunch

Cheese Nachos
Chicken and Cheese Nachos

Breakfast

Scrambled Eggs, Potatoes
Sausage

Lunch

Sweet and Sour Chicken
Chicken and Veggie Dumplings

Breakfast

Cereal, GoGurt
Yogurt Parfait

Lunch

Hamburger

Breakfast

Mini Blueberry Pancakes
String Cheese

Lunch

Meatball Sub
Cheese Pizza

**NO SCHOOL
TODAY!**

Breakfast

Blueberry Muffin
Vanilla Yogurt

Lunch

Build Your Own Burrito/Bowl
Beef or Chicken

Breakfast

Bacon, Egg & Cheese
Biscuit

Lunch

Teriyaki Chicken
Chicken and Veggie Dumplings

Breakfast

Cereal, GoGurt
Yogurt Parfait

Lunch

Chicken Patty Sandwich
Spicy Chicken Patty Sandwich

Breakfast

Mini Waffles
String Cheese

Lunch

Cheese Pizza
Pepperoni Pizza

Breakfast
Cinnamon Cream Cheese Bagel
Boiled Egg

Lunch
Soft Pretzel – Cheddar Cheese Sauce
Fish Sticks

Breakfast

Chocolate Muffin
Vanilla Yogurt

Lunch

Plain Walking Taco
Doritos Walking Taco

Breakfast

Pancake and Sausage
Sandwich

Lunch

Mandarin Orange Chicken
Egg Roll

Breakfast

Cereal, GoGurt
Yogurt Parfait

Lunch

Chicken, Bacon & Swiss
Corn Dog

Breakfast

Fiesta Burrito
String Cheese

Lunch

Pasta w/ Marinara and Meatballs
Meatball Stroganoff

Breakfast
Strawberry Cream Cheese Bagel
Boiled Egg

Lunch
Thanksgiving Dinner

**NO SCHOOL
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Each student must take at least ½ cup
of fruit or vegetable with each meal.

Offered Daily:
Fat free and low-fat milk
Fresh and/or canned fruit
Fresh and/or steamed vegetables
Salad bar with assorted fresh fruit and vegetables, condiments, salad toppings, and dressings.