

- 2024 -

JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DUBOIS RAMS MEAL MENU

Join Us for Breakfast!

Served 7:40 -8:00 AM

WELCOME 2024!

Offered Daily

No fat and Low-fat milk
Fresh and/or canned fruit
Fresh and/or steamed vegetables
Colorful salad bar
Assorted condiments, salad
toppings and salad dressings.

Under the School Nutrition Program,
each student **MUST** take a
reimbursable meal at Breakfast and
Lunch.

FCSD #2 uses **OFFER Versus Serve** at
meals. This allows students to choose
items of their choice at meals.

Each student tray must contain at least

1

NO SCHOOL

2

NO SCHOOL

3

Breakfast

Cereal and Yogurt

Lunch

Sweet and Sour
Chicken with Fried
Rice

4

Breakfast

French Toast Sticks

Lunch

Cheeseburger with
Potato Wedges

5

Breakfast

Pop Tart

Boiled Egg

Lunch

Corn Dogs
Grape Uncrustables

8

Breakfast

Yogurt Parfait

Lunch

Beef Nachos
Chicken Nachos

9

Breakfast

Cheddar Omelet &
Biscuit

Lunch

Pasta with Marinara
and Meatballs
Pepperoni Pizza
Rippers

10

Breakfast

Cereal and Yogurt

Lunch

Popcorn Chicken with
Mashed Potatoes and
Gravy

11

Breakfast

Pancakes

String Cheese

Lunch

Hot Ham & Cheese
Hot Turkey & Cheese
Tomato Soup

12

NO SCHOOL

15

Breakfast

Muffin and Yogurt

Lunch

Beef and Cheese
Loaded Tots

16

Breakfast

Breakfast Burrito

Lunch

Cheese Pizza
Pepperoni Pizza

17

Breakfast

Cereal and Yogurt

Lunch

Mandarin Orange
Chicken with Rice

18

Breakfast

Waffles and String
Cheese

Lunch

Chicken Sandwich
Spicy Chicken
Sandwich

19

NO SCHOOL

22

Breakfast

Bagel and Cream
Cheese

Lunch

Walking Taco

23

Breakfast

Egg and Cheese
English Muffin

Lunch

Cheese Sticks
Pepperoni Pizza
Rippers

24

Breakfast

Cereal and Yogurt

Lunch

Teriyaki Chicken with
Rice

25

Breakfast

French Toast Sticks

Lunch

Ham and Cheese
Wrap
Turkey and Cheese
Wrap

26

NO SCHOOL

29

Breakfast

Yogurt Parfait

Lunch

Beef Taco
Chicken Fajita

30

Breakfast

Cheddar Omelet &
Biscuit

Lunch

Pasta with Marinara
and Meatballs
4 Meat Pizza

31

Breakfast

Cereal and Yogurt

Lunch

Sweet and Sour
Chicken with Fried
Rice