

Join us for a hot breakfast
every morning 7:40-8am

JANUARY 2023

Dubois K-12 Menu

FCSD #2 is an equal
opportunity provider

Monday

Breakfast

Whole Grain Bagel
Cream Cheese

Lunch

Country Fried Steak
Mashed Potatoes & Gravy
Cheese Sticks

Tuesday

Breakfast

Yogurt Parfait

Lunch

Beef Tacos
Refried Beans
Chicken Patty on W/G Bun

Wednesday

Breakfast

W/G Biscuits & Gravy

Lunch

Mac & Cheese
Chicken Club

Thursday

Breakfast

Cheesy Omelet & Hash browns

Lunch

Chicken Pot Pie
Hot Dog on W/G Bun
Baked Beans

Friday

Breakfast

Donut Day

Lunch

Pulled Pork Sandwich
Soft Pretzel & Cheese

Breakfast

French Toast

Lunch

BBQ Chicken Wings
Garlic Roasted Red Potatoes
Pizza

Breakfast

Egg & Cheese Biscuits

Lunch

W/G Chicken Egg Roll
W/G Rice
Hamburger on W/G Bun
Seasoned Fries

Breakfast

Dutch Waffle

Lunch

Grilled Cheese & Tomato Soup
Chicken Salad Sandwich

Breakfast

Pancakes

Lunch

Spaghetti & Meatballs
W/G Bread sticks
Chicken Nuggets

NO
SCHOOL

Breakfast

Whole Grain Bagel
Cream Cheese

Lunch

Sweet and Sour Chicken
W/G Rice
Pepperoni Pizza Sticks

Breakfast

Yogurt Parfait

Lunch

Cheesy Tater Casserole
Chicken Patty on W/G Bun

Breakfast

W/G Biscuits & Gravy

Lunch

Chili
Fresh Baked Cinnamon Roll
Chicken Club

Breakfast

Cheesy Omelet & Hash browns

Lunch

Chicken Parmesan
Hot Dog on W/G Bun
Baked Beans

NO
SCHOOL

Breakfast

French Toast

Lunch

Teriyaki Chicken
W/G Rice
Pizza

Breakfast

Egg & Cheese Biscuits

Lunch

Chicken Fajitas
Refried Beans
Hamburger on W/G Bun
Seasoned Fries

Breakfast

Dutch Waffle

Lunch

Grilled Cheese & Tomato Soup
Turkey & Ham Deli Sub

Breakfast

Pancakes

Lunch

Pasta Marinara & Meatballs
W/G Bread Sticks
Chicken Nuggets

Breakfast

Donut Day

Lunch

Pulled Pork Sandwich
Soft Pretzel & Cheese

Breakfast

Whole Grain Bagel
Cream Cheese

Lunch

Country Fried Steak
Mashed Potatoes & Gravy
Cheese Sticks

Breakfast

Yogurt Parfait

Lunch

Beef Tacos
Refried Beans
Chicken Patty on W/G Bun

Welcome Back!
HAPPY NEW
YEAR!!

Available Daily

Breakfast: Whole grain toast, whole grain cereals, fresh fruit or fruit cups, 100% juice, LF white and LF chocolate milk

Lunch: Steamed veggies and fresh fruit in the serving line **Salad Bar:** Mixed greens, fresh vegetables, cottage cheese, shredded cheese, assorted proteins, scratch made salads, sunflower seeds, homemade croutons, and assorted dressings.

Whole grain rolls, LF white and LF chocolate milk.